

### **CIBTAC Aesthetic Treatments Diploma Course**

Course covers:

- Applied Anatomy & Physiology
- Consultation and Skin Care Analysis
- Electrical treatments to the face and neck
- Face, neck and shoulder massage, face masks, make-up techniques and nail treatments
- Product Knowledge / Cosmetic Science
- Health, hygiene and safety

**LEARN TO BE. PROUD TO BE.**

Raffles Place, 17 Phillip St

#03-00 Grand Building S048695

Tel 6533 1213

Fax 6533 6680

Email [info@pta.com.sg](mailto:info@pta.com.sg) [www.pta.com.sg](http://www.pta.com.sg)

### **CIBTAC Anatomy & Physiology Diploma Course**

Course covers:

The 12 Body Systems

(The Cell, Skin, Skeletal System, Muscular System, Circulatory (Vascular) System, Lymphatic System, Nervous System, Endocrine System, Reproductive System, Digestive System, Respiratory System & Urinary System)

### **CIBTAC Body Massage Diploma Course**

Course covers:

- Massage Techniques
- Consultation, Treatment and Case Studies
- Effects and Benefits of massage
- Business studies and procedures
- Contraindications
- Customer service and aftercare advice
- Preparation, health, hygiene and safety



### **WSQ Hand and Foot Reflexology**

Course covers:

- 64 Reflex Zones on each foot corresponding to the different organs in the body
- Sequence and technique of Hand and Foot Reflexology
- Contraindications
- Customer service and aftercare advice
- Preparation, hygiene and safety



### **WSQ Traditional Javanese Post-Natal Massage**

Course covers:

- Introduction to Javanese Post-Natal Massage
- Basic anatomy
- Sequence and technique for post-natal massage
- Binding techniques and post-massage activities
- Contraindications
- Customer service and aftercare advice
- Preparation, hygiene and safety

### **WSQ Manual Lymphatic Drainage Massage (MLD)**

Course covers :

- Introduction to Lymphatic Drainage Therapy
- Basic anatomy
- Sequence and technique for MLD massage
- Contraindications
- Customer service and aftercare advice
- Preparation, hygiene and safety