

CIBTAC Aesthetic Treatments Diploma Course

Course covers:

- Applied Anatomy & Physiology
- Consultation and Skin Care Analysis
- Electrical treatments to the face and neck
- Face, neck and shoulder massage, face masks, make-up techniques and nail treatments
- Product Knowledge/Cosmetic Science
- Health & Hygiene

LEARN TO BE. PROUD TO BE.

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CIBTAC Anatomy & Physiology Diploma Course

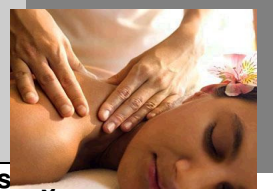
Course covers:

- Skin Structure and Function
- Introduction to Nutrition
- Various cells, tissues, organs and systems in the human body

CIBTAC Body Massage Diploma Course

Course covers:

- Health & Hygiene
- Business studies and procedures
- Consultation/Lifestyle Assessment
- Body Massage, Skin Diseases
- Aftercare/Home care



Holistic Wellness Massage

Course covers:

- Types of essential oils, effects, mixing and blending
- Sequence and technique for a full body massage
- Contraindications
- Customer service
- Preparation, hygiene and safety

Traditional Javanese Post-Natal Mas...

Course covers:

- Introduction to Javanese Post-Natal Massage
- Basic anatomy
- Sequence and technique for post-natal massage
- Binding techniques and post-massage activities
- Contraindications
- Customer service and aftercare advice

Preparation, hygiene and safety

Finger Pressure Massage

Course covers:

- Therapeutic pressure and meridian points
- Basic anatomy
- Sequence and technique for a full body massage
- Contraindications
- Customer service
- Preparation, hygiene and safety

Acupressure Chair Massage

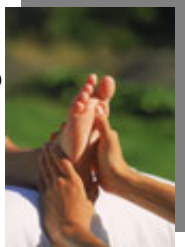
Course covers:

- Acupressure points and basic anatomy
- Sequence & technique
- Contraindications
- Customer service
- Preparation, hygiene and safety

Therapeutic Foot Reflexology

Course covers:

- 64 Reflex Zones on each foot corresponding to the different organs in the body
- Basic anatomy
- Sequence and technique
- Contraindications
- Customer service and aftercare advice
- Preparation, hygiene and safety



Professional Beauty Therapy

Course covers:

- Aspects of facial products, face structure, types, diagnosis and client handling
- Theoretical and practical elements and the use of different equipments
- Preparation for facial treatment and determining client requirements
- Sequence and technique for facial treatment
- Contraindications
- Customer service and aftercare advice
- Preparation, hygiene and safety

Professional Nail

Course covers:

- Anatomy and physiology, disorders and diseases
- Manicure and pedicure procedures and home care guidelines
- Contraindications
- Customer service and aftercare advice
- Preparation, hygiene and safety

